

MOVING FORWARD.

March 2023



The Power of Moving Forward

Subarachnoid Brain Bleeding

That was Tim Duhon's diagnosis in July of 2022. A weakness in the blood vessel wall caused bleeding on the surface of his brain. It is considered an uncommon stroke, affecting more women than men aged 45-70. Tim was 41. He was active, worked full time, and played golf and basketball.

When he wasn't running up and down sports fields evenings and weekends during football and baseball seasons as an OSSAA referee, he and his wife, Suzanne, were chasing after their 2-year-old son, Austin.

One third of patients who experience a subarachnoid hemorrhage have a strong recovery; one third survive with a disability; one third die. Which would be Tim's fate?

Suzanne must have had that on her mind during the initial period of Tim's 23-day hospitalization. But Tim survived the critical first 48 hours, then seven days, and then fourteen. Beyond the monitors, the tests and scans, the measuring of salt and potassium intake, Suzanne pondered, "What's next?"

Tim would need intensive physical therapy focusing on neurological issues. Suzanne's research found centers in Wichita and OKC, but Tim and Suzanne lived in Bartlesville.

Regardless of the benefits these centers offered and Tim's need of them, a two-and-a-half-hour drive north, south, east, or west was not feasible. On the off chance, Suzanne contacted Elder Care.



"Do you provide outpatient therapy for adults who are younger than 65?" she asked.

Yes. We do!

Not only did Elder Care's Foundation Therapy Specialists accept patients aged 18 and up, they had a secret weapon: Kaitlyn Warren, PT, DPT, NCS. She was the precise therapist Tim needed.

[AboutElderCare.org](https://www.AboutElderCare.org)

1223 Swan Drive, Bartlesville, OK 74006

Phone: (918) 336-8500 | Fax: (918) 336-8519

**You give because you care.
We serve because you give.**

“Kaitlyn challenged me,” Tim says. “And she was a good cheerleader.” For Suzanne, it was “reassuring to know that the help Tim needed was just minutes from our home in Bartlesville.”

On his first visit to Elder Care’s Foundation Therapy Specialists, Tim could barely walk. Even using a walker, he still required Suzanne’s assistance. His balance and coordination compromised, Tim was a fall risk. Kaitlyn guided



Tim through setting goals during his first appointment. He knew he needed to return to work and wanted to help around the house. Running again was very important, but what outweighed them all was being able to pick up and hold Austin in his arms.

Dedicated to Tim’s recovery, Kaitlyn created a plan. All Foundations patients receive individualized, one-on-one treatment. Tim could not hide or get lost in a crowd. Within two

“Now I am walking better than I did before the stroke. And best of all, I can pick up and hold my son again.”

weeks after starting therapy, Tim walked. No assistance, no walker, no cane. Week by week, therapy continued improving Tim’s balance, coordination, and mobility. He returned to work within four months of his diagnosis and hospitalization. His neurologist is pleased with his progress and impressed with the speed of his recovery. Tim credits his wife’s support, Kaitlyn’s guidance, and Elder Care’s therapy environment.

The experience has been wonderful, Tim says. And adds, “We ran on my last visit here!”

He and Suzanne encourage adults who need physical therapy or cognitive rebuilding to consider Foundation Therapy Specialists at Elder Care.

“Now I am walking better than I did before the stroke. And best of all, I can pick up and hold my son again.”

Foundation Therapy Specialists treats adults of all ages. Patients may see our therapists for up to 30 days without a physician’s referral. Learn more. Call 918-766-0391.

Foundation Therapy Program

In 2022, we saw our largest increase in utilization. Growth expected in 2023.

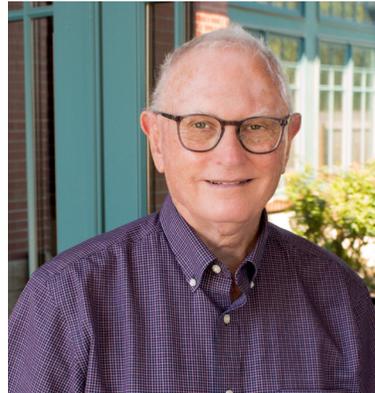
- *Increased utilization in 2022 by 1,300 hours over 2021 - our clinic’s highest utilization since its inception*
- *10 employees*
- *751 Outpatient therapy patients served (571 in 2021)*
- *585 Physical Therapy patients served*
- *62 Occupational Therapy patients served*
- *74 Speech Therapy patients served (41 in 2021)*
- *6,557 hours of Physical Therapy*
- *449 hours of Speech Therapy*
- *682 hours of Occupational Therapy*
- *86 Independent After Care participants*
- *96 PWR! Moves classes annualized*
- *48 LOUD Crowd groups completed (39 in 2021)*
- *48 Brain Builders participants annualized*

Donor Advised Fund Advances Philanthropy

Jerry Maddux impacts Elder Care's mission

While Elder Care accepts cash gifts, we also accept stocks, tax-deferred 401(k)s, donor-advised funds, and qualified charitable IRA distributions. This broad array of giving options allows donors to include Elder Care in their gifting strategies.

The Bartlesville Community Foundation is a resource available to anyone in the community. Jerry Maddux, an Elder Care board member, used a donor-advised fund to contribute to local charitable organizations.



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To donate by check:

Make checks payable to Elder Care

Mail to Elder Care, 1223 Swan Drive

Bartlesville, OK 74006

Elder Care is a 501(c)3 charitable organization whose programs are underwritten in part by the generosity of individuals, corporations, foundations, and the Bartlesville Regional United Way.

“We contacted the Bartlesville Community Foundation (BCF) and set up a donor-advised fund. Then we donated the stock to our fund at the BCF, which avoided paying income taxes on the appreciated value of the donated stock. Once the fund was established, we advised the BCF to gift Elder Care and other tax-exempt organizations from our fund. We selected the amount of the gift and the recipients. The BCF received a fee for its services, and Elder Care received the gift amount we designated. It is an excellent way of giving. Elder Care makes its services available to all members of the community regardless of age. It is a needed service in Bartlesville and we happily support Elder Care, both financially and time wise. Using our donor-advised fund, the BCF helps make it possible for our family to support this worthwhile cause.”

To learn more about making a gift of any amount to Elder Care using cash, stocks, IRAs, wills, and trusts, or from your donor-advised fund, contact Angie Thompson, Elder Care Director of Development, at 918-336-8500.

Please consult a tax professional or financial advisor about your giving options.



Elder Care celebrates its 40th year!

Visit our website for details on monthly seminars, events, classes, and celebratory events.

AboutElderCare.org/events.

You give because you care. We serve because you give.

IMPACT TOMORROW.



In 2022, forty-two percent of our organization's service to the community was provided by Foundation Therapy Specialists.

What makes Foundation

unique? Many tell us it is

- the one-on-one care we offer,
- our superb multidisciplinary team of physical therapists, a speech therapist, an occupational, and certified hand therapist, and
- treating adults of all ages.

When our facility was built in 2006, the physical therapy equipment was purchased new and, although they have been maintained well, have exceeded their expected lifespan. After 15 years, several of the larger pieces are not serviceable and need to be replaced and new pieces of equipment need to be purchased to treat patients effectively.

The Carl C. and Marie Jo Anderson Foundation will match contributions dollar-for-dollar up to \$15,000 for this campaign.

Guidelines: Contributors who wish to donate to this challenge campaign may do so following guidelines provided by the Anderson Foundation.

1) This challenge grant is

intended to provide a tool to increase our donor base and total contributions. Therefore, the Foundation will only match recurring funds (such as sustaining monthly or annual contributions) if the dollar amount is increased because of this challenge grant;

2) To qualify for the matching funds, contributions earmarked for the PT challenge must be received between April 1, 2023, and May 31, 2023; and

3) Contributions must be earmarked in the memo line of your check "PT challenge."

Make checks payable to:
Elder Care

Mail to:
Elder Care
Attn: Angie Thompson
1223 Swan Drive
Bartlesville, OK 74006



AboutElderCare.org

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Phone: (918) 336-8500

Have Questions?

Contact

Angie Thompson
Director of Development
AThompson@AboutElderCare.org
(918) 336-8500